

Schedule of Events

Friday, February 17th

2:00pm	Pentathlon	Women	(60m Hurdles, High Jump, Shot Put, Long Jump, 800m)	
2:20pm	Heptathlon	Men	(60m, Long Jump, Shot Put, High Jump)	
2:00pm		Pole Vault	Women	
2:30pm		60m H	Women	Prelims
2:45pm		60m H	Men	Prelims
3:00pm		60m	Women	Prelims
3:15pm		60m	Men	Prelims
3:30pm		5000m	Women	
4:00pm		5000m	Men	
4:30pm		4x800m	Women	
4:45pm		4x800m	Men	

Saturday, February 18th

9:00am	Heptathlon	Men	(60m Hurdles, Pole Vault, 1000m)	
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Field Events:

10:00am

***Weigh Ins (8:45am – 9:15am)**

Wt. Throw	Men followed by Women
Long Jump	Men followed by Women
High Jump	Women followed by Men
*Pole Vault	Men *(1 PM or following conclusion of Hept. PV)

Shot Put	After conclusion of Wt. Throw	Men followed by Women
Triple Jump	After conclusion of Long Jump	Men followed by Women

Running Events:

1:00pm

600m	Women	
600m	Men	
1000m	Women	
1000m	Men	
60m H	Women	Finals
60m H	Men	Finals
60m	Women	Finals
60m	Men	Finals
Mile	Women	
Mile	Men	
400m	Women	
400m	Men	
3k Racewalk	Women	
3k Racewalk	Men	
800m	Women	
800m	Men	

***** 15min. Break for Officials*****

200m	Women	
200m	Men	
3000m	Women	
3000m	Men	
DMR	Women	
DMR	Men	
4x400m	Women	
4x400m	Men	